

February 2019 Central Haven Community Events

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<i>*All programs subject to change as needed.</i>	<i>Spontaneous activities & excursions will happen throughout the month.**</i>				1 1:30 Silverstrings Musical Entertainment	2
3 10:00 Catholic Mass with Father Albert	4 10:30 Bedford Visits-Board Games	5 1:30 Bingo	6 10:30 Catholic Mass with Fr. Clements 2:30 Chapel	7 10:00 Music with Wes	8 10:30 Exercises	9
10 10:00 Catholic Mass with Father Albert	11 10:30 Bedford Visits- Cookie decorating	12 10:30 Decorate Cupcakes for Feb 14	13 10:30 Daycare Visits 2:30 Chapel 6:30 Music by Michelle	14 10:00 Flower Arranging 2:00 Valentine's Day Party with music by Phil Miller	15 10:30 Exercises	16
17 10:00 Catholic Mass with Father Albert	18 Family Day Holiday	19 2:00 Blues Festival Performance	20 10:00 Remai Modern Art Group 2:30 Chapel	21 10:00 Music with Wes KFC Lunch (sign up required) 1:15 Tumbleweed Pop-Up Shop	22 10:30 Exercises 1:45 Music by Those 2 Guys	23
24 10:00 Catholic Mass with Father Albert 3:30 Plain's Mennonite Hymn Sing	25 10:30 Bedford Visits-Bingo	26 10:45 Read Aloud 1:45 February Birthday Party Music by Don Balzer	27 10:30 Daycare Visits 2:30 Chapel	28Happy Birthday Marie! 2:00 Music by Mr. Music		



Central Haven News

Central Haven February 2019



Central Haven Special Care Home
1020 Ave I North
Saskatoon, Saskatchewan Canada S7L 2H7
306-844-4034

<http://www.sherbrookecommunitycentre.ca/about-sherbrooke/central-haven/>

Part of the
Sherbrooke
Family

Update on Norwalk Outbreak 2019

We have experienced an outbreak of Norwalk. This is a gastrointestinal illness that spreads easily and the most important thing everyone can do is wash their hands. We want to thank all our Elders, families and friends for being so understanding as we have worked to clear this from Central Haven. We would also like to thank the staff for their hard work in not only caring for all our Elders, but for ensuring they wash their hands and for keeping our environment clean. We hope to be out of outbreak very soon.

Thanks
Deb Schick
Team Leader Professional Practice



*In loving
memory
Marion
Grace*

WELCOME

Denis
William
Kari
Madeleine
Arlene

Happy Birthday
Marie



Principle 6 The opportunity to do things that we find meaningful is essential to human health and life. At Central Haven we are learning the importance of creating an environment for our Elders to live full and abundant lives. We are so fortunate to have such creative and caring staff partnering with Elders who living life to the fullest. If you have any questions please talk to an Eden Associate or a Manager.

The Eden Philosophy teaches us that there are 7 domains that create our well-being. They are Identity, Connectedness, Security, Autonomy, Meaning, Growth, and Joy. What is the domain of **MEANING**? Meaning is about purpose, activity that speaks to one's personal values, rituals, recognition and self-esteem. Meaning comes about by being involved in or part of something that makes you want to get out of bed each day! **For reflection:** 'Think about what it is for you that makes you want to get out of bed each day!'

<http://www.edenalt.org/>

Central Haven Tumbleweed Thrift Pop-Up Shop Thursday, February 21

Time: 1:15-3:00 pm In the Alcove
Open to elders, family and staff.

To donate items for the sale please bring them on the day of the pop-up shop date.

Central Haven Concession Cart will also be available at this time. **All of the funds raised through Tumbleweed Thrift go directly to quality of life programming and capital equipment for resident comfort & staff safety.**



WORSHIP TIMES IN SAAL ROOM CHAPEL (NON-DENOMINATIONAL SERVICE)

WEDNESDAYS AT 2:30 PM

CATHOLIC MASS

CATHOLIC MASS WEDNESDAY SERVICE 1ST WEDNESDAY OF THE MONTH

SUNDAY'S AT 10:00 WITH FATHER ALBERT



****Booking procedure for the Saal Room & Alcove area:**

To book a room for a family gathering please call Michelle at 306-844-4030.

For short notice booking after business hours please talk to the nurses. Thank you



SHERBROOKE FOUNDATION

Funding full, abundant life at Central Haven

Thank you to our donors to **Renewing joy!**, Central Haven's campaign to **renew our home** in support of well-being, abundant life and our residents' **joy**. If you'd still like to make a gift, for a 2018 charitable tax receipt, your gift must be received by December 31. Donation cards are at the front entry or visit us online at www.sherbrookefoundation.ca. Thank you!

- Rob Neufeld, rob@sherbrookefoundation.ca



Community Excursions:

Please remember that we have limited seats on the bus and therefore must give everyone a chance to go on the excursions. Thank you for understanding.

To be determined at a later date.



From Laundry :

IMPORTANT When bringing in new articles of clothing or bedding, please place in a bag & label the bag with the residents name and room number. Also, make sure to bring the bag to the laundry staff or leave with a care partner or nurse if laundry is closed. Thank you. **Please check for lost & found items by laundry area. (Please check often as the lost clothing accumulates)**