



Central Haven Special Care Home

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Creates a community that supports each person to live a full and abundant life.

May 27, 2021

Dear Residents and Families,

It has been wonderful to see so many families and visitors coming to see residents these past few weeks. We have registered close to 140 visitors and we thank you for your cooperation in following guidelines to keep residents safe.

Saskatchewan's Three Step Re-opening Plan will be implemented on May 30, 2021. We want to explain how these changes will impact life at Central Haven.

Please note that these numbers listed below are limited by the capacity of the space and the ability to follow the physical distancing requirements as per the current public health order. For example, there is not space for four visitors to be in a resident's room at Central Haven and maintain the physical distancing requirements.

Step 1: Sunday, May 30th

At this stage, Saskatchewan moves to Step 1 of its Re-opening Road Map. All residents (those who are fully vaccinated and those who are not) will be able to have:

- Two visitors at a time indoors;
- Four visitors at a time outdoors, and
- Outings in the community (residents who leave **must follow all public health orders** while out).

Step 2: Sunday, June 20th

All residents (those who are fully vaccinated and those who are not) will be able to have:

- Four visitors at a time indoors;
- Nine visitors at a time outdoors, and
- Outings in the community (residents who leave **must follow all public health orders** while out).

Step 3: tentatively the second week of July

The Chief Medical Health Officer will review provincial COVID-19 case numbers, outbreaks and vaccination rates and decide further changes.

If you would like to learn more about the Phase One changes that take place on May 30th, please click on this Saskatchewan Health Authority link:

<https://www.saskhealthauthority.ca/news/service-alerts-emergency-events/covid-19/general-info-health-providers/Documents/Family%20Presence%20and%20Visitor%20Restrictions%20at%20Health%20Care%20Facilities/Step%201/Step1-FAQs-LTC.pdf>

As a reminder, all visitors are required to:

- Complete health screening before entering the home.
- Wash your hands/use hand sanitizer.
- Wear a mask at all times, including in the residents room (must cover your nose, mouth and chin – don't lower it to talk!).
- Not eat or drink while visiting.
- Keep a 2m (6ft) distance between yourself and others.
- Follow all Public Health Orders
- Children can visit if supervised by a pre-approved family/support person

Each visitor:

- Must be designated by the resident as an approved family/support person
- Must be pre-registered by contacting centralhavenvisits@saskhealthauthority.ca
- Must **book their initial visit** by emailing centralhavenvisits@saskhealthauthority.ca or calling Michelle at 844-4030.
- Must sign a contract, complete a screening questionnaire and watch an education video **prior to visiting**. The contract, screening questionnaire and education video is available at www.sherbrookecommunitycentre.ca
- Documents must be received by the Manager between Monday and Thursday of each week for approval to occur. Documents received Friday – Sunday will be processed the following Monday. Visits will not proceed until all documents are processed.
- **If the above criteria are met and you pass screening, you will be able to visit. If you have not completed the requirements you will be turned away until the requirements have been met.**

Families and visitors must visit with residents in their room at this time. We are working on plans to support visitors taking elders outside to visit, and will send further information out next week.

Visitors are encouraged to make an appointment for a **rapid test** once a week. The tests are performed using the less invasive nasal swab and results are available within 15- 20 minutes. We are able to do tests during visiting hours Monday to Friday – please just ask the screener.

It is exciting to see a sense of normalcy slowly but surely returning to our Central Haven community. This would not be possible without your cooperation and patience, so thank you again for your support.

If you have any specific questions regarding your loved one, please feel free to call the nurse or the manager. We will continue providing updates on our website and Facebook pages.

Sincerely,

Roberta Gallagher

Roberta Gallagher – Site Administrator, Central Haven Special Care Home