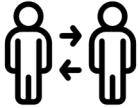




### Ways to keep yourself, and other residents in our home, safe:



- Follow the Public Health Order (PHO) at all times.
- Follow PHO re: the places you can gather and the amount of people that you can gather with at one time.
- Keep a 2 m/6ft. distance from others.



- Wear a medical mask whenever physical distancing cannot be maintained.



- Wash hands before you leave, as needed during the outing, and when you return home. If soap and water are not available, use an alcohol-based hand sanitizer.



- Follow the "[Safe Transportation of Patients During Outings](#)" guidelines.



- Understand the risk of unknown exposure to COVID-19.
- Understand the safety precautions that may be required when you return to the care home (self-assessments, masking when outside of your room or isolation).



- Answer [screening questions](#) when you get back to the care home.

Enjoy your time & please be safe! If you have questions, please contact us anytime.

Long Term Care Home contact info: \_\_\_\_\_

### Contact tracing information:

Area / Site Visited	Date and Time of Visit	People in contact with (if known)

### Record any times where you were not able to follow the safety guidelines

Area / Site Visited	Date and Time of Visit	People in contact with (if known)