



May 27, 2021

Dear Elders, Family and Friends

Re: Sherbrooke's Dementia Inclusive Community Update

We are so happy that our Sherbrooke community is opening up with opportunities outside of our neighborhoods that will enhance the daily lives of the Elders as part of Saskatchewan's Re-opening Road Map.

Prior to March 2020, the dementia inclusive committee worked very hard to educate our community and support Elders living with dementia to live a full and abundant life beyond locked doors.

All of this important work came to a halt at the start of the pandemic in March of 2020. The restrictions that were placed on us individually and as a community during the pandemic were hard. People were forced to segregate from friends and family and the freedom to do the normal things in life were no longer in our control. We all experienced firsthand how strange it was to lose our autonomy.

As of May 30th, the public health order to re-open will allow for more family presence and outings into the community which means that our neighborhood doors will re-open as well. Elders will be able to resume their normal lives.

As these steps unfold, we want to remind all Elders, family and staff that some Elders living with dementia may again need support to navigate outside of their neighborhoods. If you have concerns regarding your loved one's ability to navigate beyond their neighborhood, we encourage you to contact the neighborhood manager for individualized planning.

Thank you for your continued support with this very important work.

Sincerely,

Sherbrooke Community Centre's Dementia Inclusive Community Committee