



Central Haven Special Care Home

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Creates a community that supports each person to live a full and abundant life.

December 20, 2021

Dear Residents and Families

It is truly my pleasure to bring you Christmas greetings on behalf of Central Haven. Although we are entering our second Christmas season in a Covid-19 world, we do hope the season is filled with family, friends and plenty of generosity.

The past year has seen many challenges for our Elders, staff and families, but we have also seen our community come together in difficult times. We unfortunately went through a Covid-19 outbreak in September of this year that tested everyone's resiliency. We mourn the resident who passed away during the outbreak but are also grateful for the support and comradery shown by staff, residents and families which helped to keep spirits bright during dark moments.

Connectedness and joy are two of Eden Alternative® philosophy's seven domains of well-being and we definitely experienced both this past year. The summer months were filled with residents reconnecting with family and friends as well as with the greater community. It was wonderful seeing the front patio filled with residents and families visiting and we were thrilled to start up our buses and take residents to local restaurants and greenhouses and to events like the Roar of the Rings curling championships.

The hot and dry summer did not stop our residents from working to create beautiful garden boxes and green spaces throughout our grounds. With the help of families and staff, the joy of gardening spread like wildflowers in our community and we were thrilled to see how beautiful our green spaces became.

As we enter the winter months, we are grateful that, unlike last year, residents can have visitors this Christmas. Our staff also have some very special Christmas events planned that we know will bring joy and meaning to residents during this special time of year.

I want to thank you for all of the support, cooperation and kindness you have shown our community this year. You have shown respect in following our visitor guidelines and understanding that at the root of all of our decisions is the health and well-being of residents. Your support continues to uplift our spirits and we thank you for keeping us in your thoughts and prayers. May your holiday season be filled with those closest to you, and may God bless you with peace, love, and abundance.

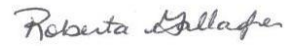
Sincerely,



Suellen Beatty

CEO

Sherbrooke Community Society, Inc.



Roberta Gallagher

Site Administrator, Central Haven Special Care Home

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