

Central Haven Community Calendar October 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<i>*All programs subject to change as needed.</i>	<i>*All programs subject to change as needed.</i>	<i>**All excursions are subject to change due to weather**</i>	<i>1</i> 10:30 Catholic Mass Thank you BBQ Lunch 1:00 Bus Trip 1:30 Tumbleweed Thrift Shop 2:30 Church 3:15 Music	<i>2</i> 10:30 Giant Crossword 1:30 Bingo	<i>3 Happy Birthday Jean!</i> 10:30 Indoor Curling 1:30 Music by Silverstrings	<i>4</i>
<i>5</i> 10:45 Java Music Club 1:30 Bingo	<i>6</i> Canteen 10:30 Music with Wes 1:00 Giant Crossword 3:00 Coffee Row	<i>7</i> 10:30 Remai Modern Art Group 1:30 Yahtzee	<i>8 Happy Birthday Debbie!</i> 10:30 Java Music Club 1:30 Trip to Sherbrooke Folkfest 2:30 Church 3:15 Music	<i>9</i> 10:30 Chair Yoga with Alison 1:30 Presentation by Jeff O’Brien	<i>10</i> 10:30 Bowling 2:00 Pie Social	<i>11</i>
<i>12</i>	<i>13 Happy Birthday Agnes!</i> Thanksgiving Stat 	<i>14</i> 10:30 Bowling 1:30 Happy Hour 3:30 Video Sing Song	<i>15</i> 10:30 Java Music Club 1:00 Bus Trip 2:30 Church 3:15 Music	<i>16</i> 10:30 Music with Elizabeth 1:30 Word Games	<i>17</i> 10:30 Bingo 1:30 Music by Those 2 Guys	<i>18</i>
<i>19</i> 10:45 Java Music Club 1:30 Bingo	<i>20</i> Canteen 10:30 Music with Wes 1:15 Horse Race Game 3:00 Coffee Row	<i>21</i> 10:30 Remai Art Kit 2:00 Read Aloud with Thomas 3:30 Video Sing Song	<i>22</i> 10:30 Java Music Club 1:00 Bus Trip 2:30 Church 3:15 Music	<i>23</i> 10:30 Bingo 1:30 Dancing by Saskatoon International Folk Dance Club	<i>24</i> 10:30 Yahtzee 2:00 Ice Cream Sundaes	<i>25</i>
<i>26</i>	<i>27</i> 10:00 Art with Anna 1:15 Bowling 3:00 Coffee Row	<i>28 Happy Birthday Kal!</i> 10:30 Shake Loose the Memory Game 1:30 Music with Summerset Strummers 3:30 Video Sing Song	<i>29</i> 10:30 Java Music Club 1:00 Bus Trip 2:30 Church 3:15 Music	<i>30</i> 10:30 Baking 1:30 Giant Crossword	<i>31</i> 10:30 Halloween Bingo  1:30 Halloween Party-Pumpkin Carving and treats	



Central Haven News

October 2025

Central Haven Special Care Home
1020 Ave I North
Saskatoon, Saskatchewan Canada S7L 2H7
306-844-4034
<https://sherbrookecommunitycentre.ca/central-haven>

WELCOME TO
CENTRAL HAVEN
Rosalie

In Loving
Memory
Betty

Happy
Birthday
Oct 3-Jean
Oct 8-Debbie
Oct 13-Agnes
Oct 28-Kal



SHERBROOKE FOUNDATION



Central Haven

Thanksgiving Donor Tea

Thursday, October 2
3:00-4:30 PM
Central Haven Special Care Home

RSVP required:
<https://CentralHavenThanksgiving2025.eventbrite.ca>

TUMBLEWEE D Thrift Pop Up Shop
Wednesday, October 1
1:30-3:00pm in the Alcove
Everyone is welcome to come and shop. Canteen Cart available.

Rider Fridays-Wear your Roughrider gear or green on Fridays and show your Saskatchewan pride!



Room Reservations-
If you wish to reserve the Saal Room or Alcove for a family gathering, please contact Michelle Schaan, our Community Clerk, at michelle.schaan@saskhealthauthority.ca or by phone at 306-844-4030.

WORSHIP
TIMES
IN
SAAL
ROOM
CHAPEL (NON-
DENOMINATIONAL
SERVICE)
WEDNESDAYS AT
2:30 PM

CATHOLIC MASS
WEDNESDAY,
OCTOBER 1 AT
10:30
SUNDAY
COMMUNION WITH
VOLUNTEERS

Thanksgiving Supper – Monday, October 13th at 5:00PM.
A Thanksgiving meal will be served in the kitchen on Monday, October 13th during the supper service.
Please note the following:

- The Alcove will be unavailable after 3:00 PM on Thanksgiving Monday to allow for meal setup.
- Supper service will commence promptly at 5:00 PM.
- Guests attending the meal will be responsible for collecting their food from the kitchen for themselves and their resident family member.

A self-serve beverage station will be available in the Saal Room.
Guest Guidelines & RSVP:

- Each resident may host a maximum of two guests.
- The cost of the meal is \$18.00 per plate.

Kindly confirm your attendance with the kitchen **no later than October 3rd.**

Happy Halloween

Halloween Pumpkin Carving Party
October 31, 2025
1:30 pm in the diningroom
Dress up for the day or the afternoon in costume or Orange or Black!



The Eden Philosophy teaches us that there are 7 domains that create our well-being. They are Identity, Connectedness, Security, Autonomy, Meaning, Growth, and Joy. What is the domain of **AUTONOMY**? Autonomy is about having choice and self-determination, freedom from the arbitrary exercise of authority. Autonomy comes about through a person-directed approach where elders direct their own lives. As staff we realize that we work in the elder's home as opposed to the elder living in our workplace. **For reflection:** 'What choices are important for you to be making each day of your life here?' 'What helps to alleviate feelings of helplessness if and when you experience those feelings?'

Info Sessions for Caregiving Workshop: Are you or someone you know interested in working as a Continuing Care Assistant but don't have the previous experience or education required? Did you know that Sherbrooke offers an "Intro to Caregiving Workshop"? The workshop consists of education sessions and some job shadow experience at either Sherbrooke or Central Haven. With successful completion, participants are offered employment as a Continuing Care Assistant on the condition that they complete the CCA program within two years. Please send your resume to Arijana Sabados, Team Manager of Human Resources, at arijana.sabados@saskhealthauthority.ca and indicate that you are interested in the workshop. Interviews are being held in September and resumes are being accepted now with the workshop starting the end of October.

Water Shut Off: The leaves are turning colour & the air is certainly crisp in the morning which means autumn is here in Saskatoon. As a result, we will be shutting off the water to the patio on October 7. Thank you for your help in making our patios, greenspaces & garden boxes look so beautiful this season!

Wear an Orange Shirt:
You are invited to wear orange shirts on the last Friday of every month as part of the SHA & Central Haven's commitment to Truth & Reconciliation.

