

# Central Haven Community Calendar February 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Hairdresser  10:30 Valentines Heart Art  1:30 Bingo  3:30 Video Sing Song	3 10:30 Remai Art Group  10:00 Shopping Excursion at Lawsen Mall	4 10:30 Java Music Club  1:30 Tumbleweed Pop-Up Store  2:30 Church 3:15 Music	5 10:30 Bingo  1:30 West-mount Community School Gr8 and PreK visit	6 <b>Happy Birthday John!</b>  10:00 Baking  1:30 Music with Silverstrings  3:00 Olympic Watching in Saal Room	7
8 10:45 Java Music Club  1:30 Bingo	9 <b>Happy Birthday Carol!</b>  Canteen 10:30 Music with Wes  1:30 Yahtzee  3:00 Olympic Watching in Saal Room	10 10:30 Couples Valentine Brunch (Invite only)  2:00 Music by Summerset Strummers  3:00 Olympic Watching in Saal Room	11 10:30 Java Music Club  2:00 Valentine's Cookies from the Sherbrooke Foundation  2:30 Church 3:15 Music	12 10:30 Yoga with Blythe  1:15 Movie & Popcorn  3:00 Olympic Watching in Saal Room	13 10:30 Valentine's Trivia  1:45 Valentine's Day Party – music by Bridge City Entertainment  3:00 Olympic Watching in Saal Room	14
15	16 Family Day Stat Holiday	17 <b>Happy Birthday Bob!</b>  SOAR Sask Youth Visit  10:30 Bingo  1:30 Indoor Curling  3:00 Skits by SOAR and Cards& Games	18 SOAR Sask Youth Visit  10:30 Java Music Club  1:30 Balloon Badminton  2:30 Church  3:15 Music & Skits by SOAR	19 SOAR Sask Youth Visit  10:30 Bowling  1:00 Bracelet Making & Crafts  2:00 Card Bingo  3:00 Skits by SOAR and Cards& Games	20 SOAR Sask Youth Visit  10:30 Pizza Making & Triva with youth  1:30 Sask International Folkdance Club Dancing  3:00 Skits by SOAR and Cards& Games	21
22 10:45 Java Music Club  1:30 Bingo	23 Canteen 10:30 Music with Wes  1:30 Giant Crossword  3:30 Video Sing Song	24 10:30 Indoor Curling  1:30 Shake Loose a Memory  3:00 Yahtzee	25 10:30 Java Music Club  1:00 Pretty & Pampered Nails  2:30 Church 3:15 Music	26 10:30 Community Meeting  2:00 Music by Salt Water Joy	27 Hawaii Travel Day– Wear your Hawaiian Shirts!  10:00 Baking Hawaiian Snacks  1:30 Travel to Hawaii & Snacks	28          <b>Feb 29 Happy Birthday Hector!</b>



# Central Haven News February 2026

Central Haven Special Care Home  
1020 Ave I North  
Saskatoon, Saskatchewan Canada S7L 2H7  
306-844-4034

<https://sherbrookecommunitycentre.ca/central-haven>

**Valentine's Day Party**  
Friday, February 13 at 1:45  
Music by Bridge City  
Entertainment  
Everyone Welcome!

**Valentines Day Cookies**  
Wed, Feb 11 at 2pm  
Joy-Ann from the  
Sherbrooke Foundation  
will be handing out  
Valentines cookies!  
Everyone Welcome



## Welcome

Carol  
Joe  
Rahim



**Happy Birthday**  
Feb 6-John  
Feb 9-Carol  
Feb 17-Bob  
Feb 29-Hector



**Sweetheart Brunch**  
Tuesday, February 10  
By Invitation to  
Central Haven  
Couples, invites will  
be sent out Feb 2.



## Hawaii Travel Day!

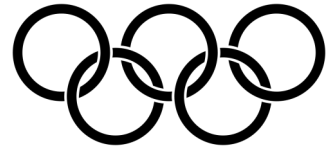
Friday, Feb 27

We will be learning about Hawaii all day,  
trying some snacks, and armchair travelling  
to the sun, sand and water!  
Wear your Hawaiian shirt!



Olympic Winter Games 2026 from Feb 4-22, we will be showing it in the Saal Room at various times throughout the duration of the Games! Usually at 3pm.

Everyone is welcome to drop in and watch together.



SOAR Saskatchewan Youth will be spending some time volunteering at Central Haven from February 17-20. SOAR Saskatchewan is a discipleship training and mission program. Youth and multi-generational teams from across the prairies will join together in Saskatoon to worship, learn, serve, eat, and dorm together. Each team is partnered with a church or ministry within the city, giving them the chance to laugh with, love, and volunteer. Please help us to make them feel welcome and have fun with them! We will have 8 youth spending the week with us!

**TUMBLEWEE D** Thrift  
Pop Up  
Shop

**Wednesday, February 4**  
**1:30-3:00pm in the Alcove**

Everyone is welcome to come and shop. Canteen Cart available. Proceeds go to the Foundation for special projects for Central Haven.



The Eden Philosophy teaches us that there are 7 domains that create our well-being. They are Identity, Connectedness, Security, Autonomy, Meaning, Growth, and Joy. What is the domain of **GROWTH**? Growth is about development, enrichment, expanding, and self-actualization. Growth comes about through new life experiences and knowledge, and through teaching others. It is about asking elders "is there something you have always wanted to do?" **For reflection:** 'Is there something that you have always wanted to do?' - If so please tell us – we want to know!



## WORSHIP TIMES IN SAAL ROOM

CHAPEL (NON-DENOMINATIONAL SERVICE)

WEDNESDAYS AT 2:30 PM

CATHOLIC MASS

SUNDAY COMMUNION WITH VOLUNTEERS

## Wear an Orange Shirt:

You are invited to wear orange shirts on the last Friday of every month as part of the SHA & Central Haven's commitment to

Truth & Reconciliation.



**Room Reservations-** If you wish to reserve the Saal Room or Alcove for a family gathering, please contact Monica Henderson at [monica.henderson@saskhealthauthority.ca](mailto:monica.henderson@saskhealthauthority.ca) or by phone at 306-844-4037.